

Authorization and Release

I, the undersigned, know that skiing is an action sport, carrying significant risk of personal injury. Ski racing, practicing for ski racing, and all of the activities taking place in order to prepare for ski racing are dangerous and physically demanding activities. I know that there are natural and man-made obstacles or hazards. Surface and environment conditions, along with risks, may cause serious injury. I, the undersigned, accept the inherent dangers of physical participation in such activities. I agree that I (and not Trollhaugen Winter Recreation Area, it's staff, or volunteers) am totally responsible for my safety while I participate in these activities.

Racer's Signature

DATE

Parent / Guardian (Print)

DATE

Parent / Guardian (Sign)

DATE

If you are under 18, this form must be signed by a parent/legal guardian

Power to Authorize Medical Treatment

I, the undersigned, as a parent and/or legal guardian of: _____ (person under age 18) recognize that medical treatment may become necessary in the Ski D-Team and to avoid delay of any necessary medical treatment and/or that which would alleviate physical injury, hereby empower the staff of Trollhaugen Winter Recreation Area or other designated persons to authorize on my behalf recommended medical treatment of my child by any staff member of any hospital, medical doctor, emergency medical technician, and/or paramedic. This authorization is complete and of itself fully operative upon my signature for the duration of the Trollhaugen Ski D-Team.

Parent / Guardian (Print)

Parent / Guardian (Sign)

Insurance Company

Policy Number

Doctor's Name

Phone Number

Thanksgiving Race Camp

* Nov. 27 - 29

a 3-Day Race Camp Dedicated to
Slalom & Giant Slalom Skiing!

Nastar* Race Program

* Dec - Feb. on Saturdays & Sundays *

These Timed Races are a FUN, yet
Competitive Way to Test your Skill
& Race Times!

Twin - Tip D - Team

*This Competitive Program is Perfect for
the skiers who HIT the Terrain Park,
Free-Style the Slopes, & Enjoy A Good
Race!

Other Training Programs

* More Programs May be Available
During the Up-Coming Season *

For Brochures and Applications

PH: 715.755.2955 or 651.433.5141

WEB: www.trollhaugen.com

2009
-
2010

SKI

D-TEAM

(ages 6-17; Intermediate)



Photo by: Daniel Teetor



2232 100th Ave. * Dresser, WI * 54009

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WEB: www.trollhaugen.com

Learn the fundamentals of Skiing and Racing! Through the training and coaching of our experienced SnowSports Staff, you will gain the skills you need to get a competitive edge. Training intensity corresponds w/ your present level of ability & ski experience

Through U.S. Ski Team Drills, Gate Courses, & Directed Free-Skiing, you will improve your Skiing Technique and Advance your Racing Abilities. After a Series of Training Sessions, you'll be ready to Compete with skiers of the same age & gender in 4 Scheduled Races of the Season.

APPLICATION:

Name: _____

Address: _____

Phone: _____

Cell # : _____

Email: _____

Male ____ Female ____ Age ____ Birthday __/__/__
(as of 9/1/09)

Parent's Names and Phone Numbers: _____

TRAINING OPTIONS & PRICING:

____ Saturday (or) ____ Sunday: \$225

Additional Family Member: \$175

____ Saturday and Sunday: \$295

Additional Family Member: \$225

____ One Day Try It: \$45

____ 6X Training Only (no races): \$150

____ 4X Race Only (no training): \$50

SATURDAY OR SUNDAY SEASON PASS PRICES:

____ Age 6-12: \$175

____ Age 13-17: \$225

TOTAL TRAINING / PASSES: \$ _____

Check# _____ Amt. _____ Dt. __/__/__

VISA _____ MASTER _____

Acct.# _____

Exp. Date ____/____ Amt. _____

-Please pay by 12.7.09 -\$5 Late Registration Fee

SATURDAY SCHEDULE

Training Times: 10am-3pm

Nov. 14: Open House @ Troll
(1:30pm: Question & answer)

Dec. 12: Train @ Troll

Dec. 19: Train @ Troll

Jan. 2: Train @ Troll

Jan. 9: Race @ Wild Mtn.

Jan. 16: Train @ Troll

Jan. 23: Race @ Wild Mtn.

Jan. 30: Train @ Troll

Feb. 6: Race @ Troll

Feb. 13: Train @ Troll

Feb. 20: Championships @ Welch

SUNDAY SCHEDULE

Training Times: 1pm-4:30pm

Nov. 15: Open House @ Troll
(1:30pm: Question & answer)

Dec. 13: Train @ Troll

Dec. 20: Train @ Troll

Jan. 3: Train @ Troll

Jan. 10: Race @ Buck Hill

Jan. 17: Train @ Troll

Jan. 24: Race @ Afton Alps

Jan. 31: Train @ Troll

Feb. 7: Race @ Wild Mtn.

Feb. 14: Training @ Troll

Feb. 21: Championships @ Troll

