

POWER TO AUTHORIZE MEDICAL TREATMENT

(UNDER 18 - FORM MUST BE SIGNED BY A PARENT/LEGAL GUARDIAN)

I, the undersigned, or as a parent and/or legal guardian of:

(Attendee name or parent/guardian name of person under age 18) recognize that medical treatment may become necessary in participation with the Ski Program, and to avoid delay of any necessary medical treatment and/or that which would alleviate physical injury, hereby empower the staff of Trollhaugen Winter Recreation Area or other designated persons to authorize on my behalf recommended medical treatment of my child by any staff member of any hospital, medical doctor, emergency medical technician, and/or paramedic. This authorization is complete and of itself fully operative upon my signature for the duration of the Trollhaugen Ski Program.

Attendee or Parent / Guardian Name

Attendee/Parent/Guardian Sign

Date

Insurance Company

Policy Number

Doctor's Name

Phone Number

Authorization & Release

I, the undersigned, know that skiing is an action sport, carrying significant risk of personal injury. Ski competition, practicing for ski competition, and all of the activities taking place in order to prepare for ski competition are dangerous and physically demanding activities. I know that there are natural and man-made obstacles or hazards. Surface and environment conditions, along with risks, may cause serious injury. I, the undersigned, accept the inherent dangers of physical participation in such skiing activities. I agree that I (and not Trollhaugen Winter Recreation Area, its staff, or volunteers) am totally responsible for my safety while I participate in these activities.

Attendee Name

Attendee Signature

Date

Parent / Guardian Name (If applicable)

Parent/Guardian Sign (If applicable)

Date

PRST - STD
U.S. Postage
PAID
Permit NO. 6
Dresser, WI
54009



2232 100th Avenue • Dresser • WI • 54009

Phone - WI: 715.755.2955 • MN 651.433.5141

Ski & Board Shop - 715.755.2950

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2011-'12 Season of Fun

Only 50 minutes North of the Twin Cities!



Trollhaugen

SKI * RIDE * TUBE

WOMEN'S SKI PROGRAM



The Women's Alpine Program was developed by women, for women. This program is intended for women who would like to improve their skiing technique in a safe, fun, and friendly environment.

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Troll_Tri-Fold_Womens_0911

go Troll
www.Trollhaugen.com

GO To The TROLL!

Women's Ski Program

Learn the fundamentals of skiing in a great group setting!

The Women's Alpine Program at Trollhaugen was developed by women, for women. This program is intended for women who would like to improve their skiing technique in a safe, fun, and friendly environment.

Each session will focus on developing a solid foundation of skiing skills.



After developing these techniques, we will transfer them into all-mountain skills.

This program will help an advanced beginner gain more confidence in varying terrain and conditions.

For intermediate and advanced skiers, we will prepare you for the challenges of your next trip to the mountains.

If you are a woman skier looking to take your skills to the next level with a great group of ladies, this program is for you!

Small class sizes for individual attention

Video analysis (to develop great skiing skills)

***Safe, fun, comfortable environment for*
taking your skills to the next level!**

Women's Ski Program

Rediscover your enthusiasm for skiing by participating in one of our 4-week consecutive sessions available this season. Each session features a 2-hour lesson.

SUNDAY SESSIONS

January 15, 22, 29, & February 5
10:00am - Noon -or- 1:00pm
- 3:00pm

TUESDAY SESSIONS

January 17, 24, 31, & February 7
1:00pm - 3:00pm

Check-in

15 minutes prior to your lesson @
the Snow Sports desk.

Program Director

To contact our Women's Ski
Program Director, Karey Jensen:

Phone: 952.906.9561

Email: KLJ_1@msn.com

Women's Ski Program

Application

Name: _____

Address: _____

Phone(s): _____

Email: _____

of Years Skiing ____ Age ____

Birthdate ____/____/____

FEES & OPTIONS:

SESSION PREFERENCE (Choose one):

SUNDAY SESSION, 10am-Noon _____

SUNDAY SESSION, 1pm-3pm _____

TUESDAY SESSION, 1pm-3pm _____

COACHING & TRAINING (Choose one):

(Lift Ticket Not Included)

TRAINING ONLY \$100 _____

TRAINING & LIFT TICKET \$180 _____

TOTAL AMOUNT: \$_____ CHECK #: _____

- OR -

VISA MASTERCARD (please circle one)

ACCOUNT #: _____

EXP. DATE: ____/____ 3 DIGIT CCV# _____

BILLING ZIPCODE _____

MAIL OR CALL TO REGISTER

-OR- FOR MORE INFO:

Trollhaugen • 2232 100th Ave. • Dresser, WI • 54009

In WI: 715.755.2955 Ext 223

In MN 651.433.5141 Ext 223

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